

Additional information:

Further details regarding our events are generally published via email by the organiser nearer the time of each event, but please do let the organiser know if you are interested in joining an event or activity.

Our members sometimes organise additional events off-programme and circulate details via *Groupmail*.

But you have to be **in the group to be in the loop!**

Sign up for *Groupmail* on our website:

www.yhatrac.org.uk

Our events:

Our events are run by our members. If you have a favourite walk or other activity you are invited to put it on the next programme. Why keep it to yourself?!

All events may be subject to change. Any changes are usually advised via *Groupmail*, so it is definitely worthwhile joining up in order to stay informed.

Joining TRAC:

We welcome people from all walks of life and have members from Leeds, Wakefield, and as far away as Goole, York and Huddersfield. Our membership comprises young & old, single people, couples and families with children of various ages.

If you would like to give us a try we invite you to join a couple of events without obligation, to see if TRAC is for you. If you then decide to continue we would ask you to pay our membership of **just £7 per year**.

Advisory note:

It is the responsibility of all participants to satisfy themselves that they are fit enough and adequately attired for any event. Personal accident insurance is the responsibility of each individual.

THE GROUP THAT DOESN'T JUST WALK

Weekly indoor 5-a-side football

Lads and lasses weekly indoor 5-a-side football every Sunday at Pontefract Squash Club 8-9pm. Adjourn to the bar afterwards to rehydrate!

Contact Rob C on 01405 862677 if interested

ADVANCE NOTICES

WEEKEND 13th - 14th November 2010

Join an educational trip to Oxford YH. Explore the university city by degrees.

Contact Luisa 0113 282 8622

WEEKEND 19th - 20th February 2011

A trip to Ironbridge, staying at Coalport YH. Severn of the best in a gorgeous location.

Contact Jayne 01924 870882

WEEKEND: 9th - 10th April 2011

Join us at Conwy YH in North Wales. Perfect for families or ruffy tufty hill-walkers. Get some hill practice for the Scottish holiday!

Contact Jackie 01924 829096

Meeting Points:

Pontefract: Tesco car park.

The Thatched House: Aberford Road, Stanley, Wakefield (A642), circa 1 mile from M62 Jct30.

Car sharing:

We encourage car sharing and we invite fuel cost contributions at a rate of **25p per mile per car** split between all those travelling to the event. Please ask a member for further information.

NEW MEMBERS WELCOME AT ANY EVENT

Try your first two events without obligation!

THE GROUP THAT DOESN'T JUST WALK

TRAC is *The Really Active Club*. The club for people who enjoy a variety of outdoor and social activities.

We have members from Wakefield, Leeds, York, Goole, Huddersfield, and many places in between.

EVERYONE IS WELCOME.



July - October 2010

Get in touch with any of the members listed below for general information about the group, or the named contact for details about specific events.

Paul 0113 282 0739

Jackie 01924 829096

Margaret 01405 762608

Gill & Bob 01484 420318

Why not come along and join us?

Our annual membership is still just £7

GET ON THE RIGHT TRAC

Sun 4th Jul **Giles 01924 870882**
Summer BBQ with the Hewitts. Please bring your own choice of drink. Further details via *GroupMail*.

Wed 7th Jul **Colin 07717 621583**
Walk around Newmillerdam & Seckar Woods. Meet at Newmillerdam main car park at 7.00pm.

Sun 11th Jul **Luisa 0113 282 8622**
14ish mile caves & waterfalls walk near Malham followed by a chance to watch peregrine falcons. Contact Luisa for further details.

w/e 16th - 18th Jul **Mark 01924 255397**
A weekend at Woody's Top YH in Lincolnshire. Fully booked. Enjoy some lovely walks without hills...

Wed 21st Jul **Paul 0113 282 0739**
16 mile fairly easy evening cycle ride from Stanley to Anglers Country park and back. Further details to follow via *GroupMail*.

Sun 25th Jul **Peter 01924 896495**
12 mile walk around the Nidderdale Horseshoe from Middlesmoor. Contact Peter for further details.

Thu 29th Jul **Damian 0113 282 8622**
Dinner cruise on the Ouse from York, dining at the Ship Inn at Acaster Malbis. Departs York at 7pm, returning at 10.30pm. £25.50pp for meal & cruise. Names to Damian **by 14th July** please.

Sat 31st Jul **Neil 01977 552243**
30ish mile cycle along the Rochdale canal from Walsden (near Todmorden). Regular trains stop at stations along the route, giving a range of shorter family friendly options. Contact Neil for more details.

Wed 4th Aug **Giles 01924 870882**
A short evening walk somewhere local. More details to follow via *Groupmail*.

Sun 8th Aug **Paul 0113 282 0739**
12 mile walk in the North York Moors, including an ascent of Roseberry Topping, giving fantastic views all round from the North Pennines to the North Sea.

Sun 15th Aug **Roland 01405 762608**
Annual croquet tournament at the newly refurbished Percy Arms in Airmyn, near Goole. Please contact Roland so he can include you in the draw. Will this be your year to be the TRAC croquet champion?

Wed 18th Aug **Cary 01977 615648**
Join us at the Acanthus golf driving range in Tingley and take out your frustrations on a little ball. More details to follow via *GroupMail*.

w/e 20th - 22nd Aug **Jackie 01924 829096**
Weekend at Youlgreave YH in the Peak District. All TRAC beds fully booked. If you would like to join us please contact the hostel direct on **01629 636518**.

Sun 29th Aug **Christine 0113 282 0739**
Visit to the Royal Armouries in Leeds for the annual jousting tournament. Admission to the museum is free but there is a charge for the jousting. Please let Christine know **by 14th August** if you wish to attend.

Wed 1st Sep **Jackie 01924 829096**
Meal & social evening at the *Thatched House* pub. Enjoy some good company and the pub quiz.

Sun 5th Sep **Mark 01924 255397**
12 mile walk in the Peak District. More details via *Groupmail* nearer the time.

Sun 12th Sep **Roland 01405 762608**
Inter-group team challenge walk from Wetherby. We need 4 people per team. Please advise Roland of your interest ASAP so he can organise teams.

Wed 15th Sep **Luisa 0113 282 8622**
Meal at Salut  in Rothwell to mourn Damian's ever increasing age. Let Luisa know **by 6th September** if you will be joining us so she can book a table.

Sat 18th Sep **Damian 0113 282 8622**
Go Ape! in Dalby Forest, then enjoy an afternoon cycle or walk in the forest. Names required **by 18th August**. Adults £30, Children (10-17 yrs) £20.

Sun 19th Sep **Les 01977 675832**
8 mile walk to the north of Pickering, exploring the Hole of Horcum, Skelton Tower, Newton Dale and Levisham. Optional steam train ride on the NYMR.

Sun 26th Sep **Hewitts 01924 870882**
Walk and family day out exploring the area around the Longshaw Estate in the Peak District. More info to follow later via *Groupmail*.

Wed 29th Sep **Steve 01977 661238**
Cinema at Xscape, Castleford. Film choices & times will be advised via *GroupMail* nearer the time.

TRAC's 22nd BIRTHDAY CELEBRATION!



Join us for a celebratory weekend at Crowden YH on 1st - 3rd October. (Includes the AGM at 6pm on Saturday.)



Contact Cary on 01977 615648

Sat 9th Oct **Gilworths 01484 420318**
Easy walk from Marsden, returning to enjoy the sounds of the world famous Marsden Jazz Festival.

Wed 13th Oct **Kerry 01977 552243**
Bowling at Xscape, Castleford. Contact Kerry **by 4th Oct** if you wish to play, so she can book our lanes.

Sun 17th Oct **Steve 01977 661238**
Treasure hunt around Doncaster, followed by a short walk. More details later via *Groupmail*.

Sun 24th Oct **Rob C 01405 862677**
10(ish) mile walk in the Yorkshire Wolds. Meet at Glews Garage near Goole (M62 jct 36) at 9.30am. Further details to follow via *GroupMail*.

Wed 27th Oct **Giles 01924 870882**
Meal & social evening at the *Thatched House* pub. Enjoy some good company and the pub quiz.

Sun 31st Oct **Luisa 0113 282 8622**
Be bewitched on a spooky 8 mile Hallowe'en walk. But Witch Way will we go? More details to follow.

Fri 5th Nov **Luisa 0113 282 8622**
Rothwell Fireworks Spectacular in Springhead Park, followed by supper at *Casa Panetta*. A small charge will be made to cover catering costs. Contact Luisa to advise of attendance (for catering purposes).